

# YOURWEIGHTMATTERS

## COLUMBUS

# FREE SUPPORT FOR YOUR WEIGHT AND HEALTH JOURNEY

### HERE'S WHAT YOU CAN EXPECT:

- Expert-led education on weight management
- Practical tips for nutrition and mental health
- Insights into the latest treatment options
- A supportive space to learn and connect



**Saturday, October 17, 2026**

9:00 am to 1:00 pm  
Free Breakfast | Free Parking | Free Giveaways



**Columbus Airport Marriott**

1375 N Cassady Avenue,  
Columbus, Ohio 43219

This is a free event, but space is limited.

**Register now to save your spot!**



Presented by **OAC**  
Obesity Action Coalition

SCAN HERE TO LEARN MORE & REGISTER →



[yourweightmatters.com/columbus](https://yourweightmatters.com/columbus)

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