

Presented by **OAC**
Obesity Action Coalition

YOURWEIGHTMATTERS NEW ORLEANS

FREE SUPPORT FOR YOUR WEIGHT AND HEALTH JOURNEY



**LOOKING FOR TRUSTED, SCIENCE-BACKED GUIDANCE
FOR MANAGING YOUR WEIGHT AND HEALTH?**

HERE'S WHAT YOU CAN EXPECT:

- Expert-led education on weight management
- Practical tips for nutrition and mental health
- Insights into the latest treatment options
- A supportive space to learn and connect

📅 Saturday, February 7th, 2026

9:00 am to 1:00 pm
Free Breakfast | Free
Parking | Free Giveaways

📍 Hilton New Orleans Riverside

2 Poydras Street,
New Orleans, LA 70130

This is a FREE event, but space is limited. **Register now to save your spot!**

**SCAN HERE
TO LEARN MORE
& REGISTER →**



yourweightmatters.com/neworleans

Thank you to our
Community Partner
East Jefferson YMCA!



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