

# YOURWEIGHTMATTERS MINNEAPOLIS

## FREE SUPPORT FOR YOUR WEIGHT AND HEALTH JOURNEY

### HERE'S WHAT YOU CAN EXPECT:

- Expert-led education on weight management
- Practical tips for nutrition and mental health
- Insights into the latest treatment options
- A supportive space to learn and connect

**Saturday, May 16, 2026**

9:00 am to 1:00 pm  
Free Breakfast | Free  
Parking | Free Giveaways



**Embassy Suites Minneapolis Airport**  
7901 34th Ave South,  
Bloomington, MN 55425

This is a free event, but space is limited.  
Register now to save your spot!

Presented by **OAC**  
Obesity Action Coalition

**SCAN HERE  
TO LEARN MORE  
& REGISTER** →



[yourweightmatters.com/minneapolis](http://yourweightmatters.com/minneapolis)



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