

YOURWEIGHTMATTERS MINNEAPOLIS

FREE SUPPORT FOR YOUR WEIGHT AND HEALTH JOURNEY

HERE'S WHAT YOU CAN EXPECT:

- Expert-led education on weight management
- Practical tips for nutrition and mental health
- Insights into the latest treatment options
- A supportive space to learn and connect



Saturday, May 16, 2026

9:00 am to 1:00 pm

Free Breakfast | Free

Parking | Free Giveaways



Embassy Suites Minneapolis Airport

7901 34th Ave South,

Bloomington, MN 55425

This is a free event, but space is limited.

Register now to save your spot!

Presented by **OAC**
Obesity Action Coalition

**SCAN HERE
TO LEARN MORE
& REGISTER** →



yourweightmatters.com/minneapolis

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