

Presented by



YOURWEIGHTMATTERS JACKSON

FREE SUPPORT FOR YOUR WEIGHT AND HEALTH JOURNEY



LOOKING FOR TRUSTED, SCIENCE-BACKED GUIDANCE FOR MANAGING YOUR WEIGHT AND HEALTH?

HERE'S WHAT YOU CAN EXPECT:


- Expert-led education on weight management
- Practical tips for nutrition and mental health
- Insights into the latest treatment options
- A supportive space to learn and connect

 **Saturday**

August 23, 2025

9:00 am to 1:00 pm

Free Breakfast | Free
Parking | Free Giveaways

 **Embassy Suites by Hilton
Jackson North Ridgeland**
200 Township Ave,
Ridgeland, MS 39157

This is a FREE event, but space is limited. **Register now to save your spot!**

**SCAN HERE
TO LEARN MORE
& REGISTER** →



yourweightmatters.com/jackson

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