

Presented by **OAC**
Obesity Action Coalition

YOURWEIGHTMATTERS
MCALLEN



FREE SUPPORT FOR YOUR WEIGHT AND HEALTH JOURNEY



**LOOKING FOR TRUSTED, SCIENCE-BACKED GUIDANCE
FOR MANAGING YOUR WEIGHT AND HEALTH?**

HERE'S WHAT YOU CAN EXPECT:

- Expert-led education on weight management
- Practical tips for nutrition and mental health
- Insights into the latest treatment options
- A supportive space to learn and connect

 **Saturday**
April 26, 2025
9:00 am to 1:00 pm
Free Breakfast • Free
Parking • Free Giveaways
 **DoubleTree Suites by
Hilton Hotel McAllen**
1800 S 2nd Street
McAllen Texas, 78503

This is a FREE event, but space is limited. **Register now to save your spot!**

SCAN HERE
TO LEARN MORE
& REGISTER —>



yourweightmatters.com/mcallen

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